

Lewtrenchard WI



CORONAVIRUS

HELPFUL NUMBERS

MARGARET DUNN
01566 783779

MONIQUE HEDGER
01566 783765

GAIL BONES
01566 783415

AUDREY JONES
01566 783392

CATHIE SLOCOMBE
01566 784104

Above are numbers of some WI members to contact should you need help getting medications, contacting other agencies or just a friendly chat. The news on the Coronavirus virus epidemic is moving on rapidly and can be very scary for some. Although those of us over 70 are required to physically self-isolate there is no need to feel lonely as, with modern communications, we can still keep in touch with all our friends and families. As well as the telephone many of us have a mobile phone, tablet or computer where we can access WhatsApp, Facebook or Skype, which are all free services and have the advantage of being able to see each other. If you need help with accessing these then another member, Barbara Scott , 01566 783636, has offered to try and help.

If anyone would like to help please cut out the slips and distribute them to your neighbours.

Thank you to everyone for your goodwill during this very strange period.

HELLO! If you are self-isolating, I can help.

My name is
.....

I live locally at
.....

My phone number is
.....

If you are self-isolating due to COVID-19 I can help with:

Picking up shopping

Posting mail

A friendly phone call

Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness

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